



new *easy* women uk

***A TRANSFORMATIONAL WEEKEND FOR WOMEN
IN GLORIOUS DEVON!***

More and more women are saying 'there must be more to life than this', they want it for themselves and they want to make a difference in the world. But it all feels too big and they believe their life will have to change dramatically. What if it doesn't? What if all you need to do allow yourself to be the fullest expression of your own unique energy?

DURING THIS POWERFUL 2 DAY EXPERIENTIAL EVENT WE WILL CO-CREATE A UNIQUE EXPERIENCE WHICH WILL EXPLORE:

- Connecting with your own energy and all energy
- Letting go of beliefs you may be holding about yourself and how the world has to be, that are getting in your way
- Choosing perspectives that liberate you
- Becoming more...taking whatever step is yours to take to be the next level of you
- Creating inspiring lives that flow with ease and joy

You will enjoy a high energy, inspiring, fun and dynamic programme of discussion and group exercises, 'me time', dancing, music....and whatever feels right in the moment.

You will leave transformed – you will look for the potential in everything and know how to bring your fullest potential present for all.

"I'm dancing in the dance of life - my life - and it's in total congruence with all my values, beliefs and whole 'raison d'etre'. It's my 'dance' and I love it! This is an experience that I never want to let go of - I never want to end - and it is making such a difference not only to my life but already to those around me and those I know." **Julia Miles, UK**

When: 6pm Friday May 11th – 4pm Sunday May 13th (or time agreed by group)

Where: Mill House Retreats, Tiverton, Devon - 'a little bit of heaven in Devon' - www.millhouseretreats.co.uk

Investment: £200 plus £90.00 for accommodation and all meals
(please note that accommodation is a mix of twin and triple rooms)

Who: *Lynne Healy*, from the UK, is an evolutionary coach, mentor and facilitator. She has long been passionate about helping women be all they can be – wherever they are in the world. A powerhouse of energy, she brings fun and lightness to all she does.

**Please contact Lynne to reserve your place - or if you would like further information.
lynne@neasywomen.com or 020 8580 9511**

Space is limited to 12 participants.